

# YOGA TEACHER TRAINING

200-Hour Yoga Alliance Certificate Course  
Michel Besnard | 5 March-2 April 2011 | Koh Samui, Thailand

"Who Else Wants to Spend 1 Month on the Beautiful Island of Koh Samui Practicing Yoga, Eating Amazing Food, and Training to **Become a Certified Yoga Instructor?**"



Dear Yoga Student,

If you're serious about becoming a yoga teacher, then you need to clear your schedule for March 2011 and get on a plane to Koh Samui Island!

This teacher training course will change your life!

Michel Besnard is one of the most-experienced, sought-after teachers in Asia, and I feel honored to once again host he and his team for a 1 month adventure into the heart of yoga!

## TOP 7 REASONS TO TEACH YOGA

1. **Inspire Students & Change Lives** – Most people get a job to pay the bills, but as a yoga teacher, you do a lot more than just "get by." When your day-to-day work life consists of helping people grow in healthy, peaceful living - now that's an amazing job to have!

2. **Receive Full-time Pay for Part-time Work** – Teaching yoga is one of the rare jobs that allows you to work part-time and earn as much as you would working full-time.

3. **Stay Healthy & Fit** – Yoga teachers' lives are all about healthy living, so if that's the direction you see your life going, than you've come to the right place! When you surround yourself with healthy people, it's much easier to stay on the path.

4. **Work in a Positive Environment** – The world will never be free of office politics, impossible bosses, and overtime... but ask yourself, do you really want to be part of that system anymore? As a yoga teacher, you can escape!


5. **Travel & Work Anywhere in the World** – As a teacher and student, you'll find it almost impossible not to teach and study all over the globe.

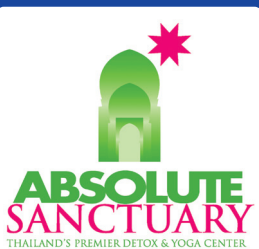
6. **Enjoy a Flexible Schedule** – It feels great not to have to be anywhere at 09:00 a.m. every Monday morning! Yoga teachers are able to set their own working schedule to accommodate the needs of their personal lives and personal practice.

7. **Do What You Love** – If yoga is what you love, why not teach and share it with others? Very few people follow their passion in life, but for those that do, the opportunities that await you are amazing!

At some point, yoga becomes such a big part of your life—such a source of joy and balance—that the next logical step is to teach. Are you ready?

Keep practicing,

  
Lucas Rockwood  
Absolute Yoga



**QUESTIONS?** Please visit [www.TeachVinyasaYoga.com](http://www.TeachVinyasaYoga.com)  
or call +1.310.878.4829 or email [lucas@absoluteyogasamui.com](mailto:lucas@absoluteyogasamui.com)



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