

TEACH HOT YOGA, INSPIRE STUDENTS, CHANGE LIVES

TAKE THE NEXT STEP! Join Absolute Yoga's 200-Hour Hot Yoga

Teacher Certification Course on Koh Samui,
Thailand, from 1-29 June 2011!

Absolute's Hot Yoga Teacher Training Course is designed specifically to turn yoga students into yoga teachers, and we accomplish this through a fun, yet-structured program that starts with a firm foundation in yoga history, philosophy, and anatomy.



WHY BECOME A YOGA ALLIANCE CERTIFIED TEACHER?

- **Make a Difference** – There are loads of jobs out there, but very few will give you the opportunity to constantly inspire so many people.
- **Live & Breathe Yoga** – Let's face it: living a healthy life is not easy. When you become a yoga teacher, that will all change. Suddenly, everyone you meet and work with will be excited and committed to healthy living. How refreshing!
- **Deepen Your Practice** – You'll be amazed at how much you'll learn from teaching. Students come to class looking for guidance, but they also give back an invaluable amount of energy and insight.
- **Enjoy a Flexible Schedule** – Ever worked in an office from 9-to-6, Monday-Friday? Ah! What a bore! As a yoga teacher, you'll only work for 3 or 4 hours per day, and the rest of the time will be yours to do as you please!
- **Earn a Good Salary** – Years ago, most yoga teachers worked for free so it was impossible to survive without another job to pay the bills. Today, yoga has spread all over the world, and there are thousands of instructors who live very comfortably working as full-time yoga teachers.
- **Live Anywhere** – There are over 5,000 yoga studios spread across the globe. As a certified yoga teacher, you can enjoy the freedom to live, work, and travel freely!



Next Course: 1-29 June, 2011
Certification: 200-Hour Yoga Alliance Certificate
Head Teachers: John Anderson & Harreson Martell
Teaching Team: Pim Swatewacharkul, Jeanne Chung,
Michelle Lam, Rachel Tsai
Location: Absolute Sanctuary Koh Samui

To Apply: visit www.TeachHotYoga.com
or call +1.310.878.4829

 **ABSOLUTEYOGA**
Thailand's Premier Studios for Health & Well Being


Registered Yoga School